

I have been struggling with being patient and enduring hardships. I am impatiently waiting for a family member to get better. I am impatient when people are demanding of my time and I have other competing priorities.

So let's take a look at patience and endurance.

Webster's 1828 Dictionary - [LINK](#)

PATIENCE, *noun* pa'shens. [Latin *patientia*, from *patior*, to suffer.]

1. The suffering of afflictions, pain, toil, calamity, provocation or other evil, with a calm, unruffled temper; endurance without murmuring or fretfulness. *patience* may spring from constitutional fortitude, from a kind of heroic pride, or from christian submission to the divine will.

2. A calm temper which bears evils without murmuring or discontent.

3. The act or quality of waiting long for justice or expected good without discontent. Have *patience* with me, and I will pay thee all. [Matthew 18:26](#).

4. Perseverance; constancy in labor or exertion. He learnt with *patience* and with meekness taught.

5. The quality of bearing offenses and injuries without anger or revenge. His rage was kindled and his *patience* gone.

ENDU'RANCE, *noun* [[See Endure](#).] Continuance; a state of lasting or duration; lastingness.

1. A bearing or suffering; a continuing under pain or distress without resistance, or without sinking or yielding to the pressure; sufferance; patience.

Their fortitude was most admirable in their presence and *endurance* of all evils, of pain, and of death.

2. Delay; a waiting for. [Not used.]

Scripture:

James 5:10-11 NIV - **10** Brothers and sisters, as an example of patience in the face of suffering, take the prophets who spoke in the name of the Lord. **11** As you know, we count as blessed those who have persevered. You have heard of Job's perseverance and have seen what the Lord finally brought about. The Lord is full of compassion and mercy.

Hebrews. (10:36), “For you have need of endurance, so that when you have done the will of God, you may receive what was promised.”

James (1:12), “Blessed is a man who perseveres under trial; for once he has been approved, he will receive the crown of life which the Lord has promised to those who love Him.”

Galatians 5:22-23 - “But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law”

Psalms 37:7-9 “Be still before the Lord and wait patiently for him; fret not yourself over the one who prospers in his way, over the man who carries out evil devices! Refrain from anger, and forsake wrath! Fret not yourself; it tends only to evil. For the evildoers shall be cut off, but those who wait for the Lord shall inherit the land.”

Romans 12:12 “Rejoice in hope, be patient in tribulation, be constant in prayer.”

Romans 5:4 “And endurance produces character, and character produces hope.”

1 Thessalonians 5:16-18 - Rejoice always, pray continually, give thanks in all circumstances; for this is God’s will for you in Christ Jesus.

If the aim of the Christian life is to glorify God and to enjoy Him forever, then we especially need to glorify and enjoy Him when we encounter trials. That’s when the world is watching to see if our faith is genuine. That’s when our witness can be the most effective. [LINK](#)

Biblical Examples of Patience: [LINK](#)

The story of Job.

Abraham waited until he was 100 years old before his wife Sarah became pregnant and they had a child together.

Questions:

1. What are other Biblical examples of patience and endurance?

2. Why do we become impatient?
 - a. Impatience arises when we're not getting our way—specifically, when people or our environment aren't conforming to our expectations, even in circumstances over that we have no control (for example, the flow of traffic or the length of a line). Our expectations are often out of sync with reality.
[LINK](#)

3. How Can We Grow in Biblical Patience?

A Prayer to Be More Patient

Holy Father,

Thank you for the love You've shown your creation. Thank you for sending Jesus Christ to show us Your infinite love. Thank you for Your great patience with us. We are imperfect, like sheep who wander away from the rest of the flock. As the good shepherd, You send Your Spirit to convict us, find us, and bring us back. We return to sin and vice, reject Your ways, but like the father in the parable of the prodigal son, You wait for us to return to You. Lord, I want to be more like You, to have Your character, and that includes patience. Teach me to be willing to wait to listen, and to pray. Fill me with the Spirit so that I can grow more patient. Help me to be more patient with people and circumstances. Grow my character, please.

In Jesus' name I pray,

Amen.